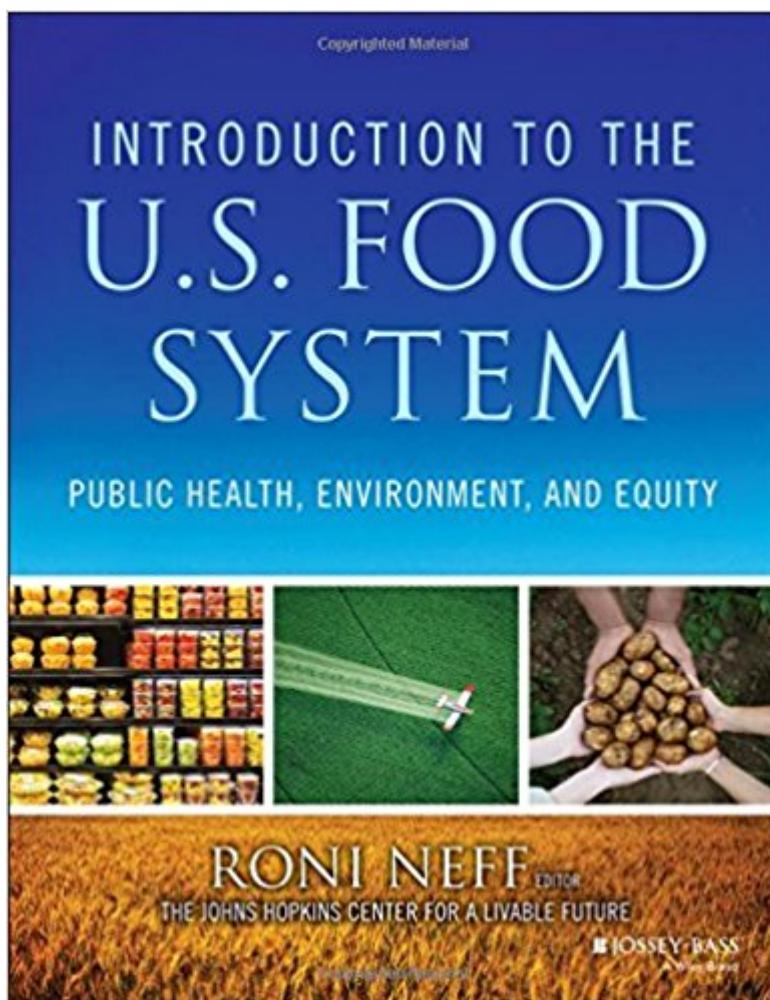


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# Introduction To The US Food System: Public Health, Environment, And Equity



## Synopsis

A public health approach to the US food system Introduction to the US Food System: Public Health, Environment, and Equity is a comprehensive and engaging textbook that offers students an overview of today's US food system, with particular focus on the food system's interrelationships with public health, the environment, equity, and society. Using a classroom-friendly approach, the text covers the core content of the food system and provides evidence-based perspectives reflecting the tremendous breadth of issues and ideas important to understanding today's US food system. The book is rich with illustrative examples, case studies, activities, and discussion questions. The textbook is a project of the Johns Hopkins Center for a Livable Future (CLF), and builds upon the Center's educational mission to examine the complex interrelationships between diet, food production, environment, and human health to advance an ecological perspective in reducing threats to the health of the public, and to promote policies that protect health, the global environment, and the ability to sustain life for future generations. Issues covered in Introduction to the US Food System include food insecurity, social justice, community and worker health concerns, food marketing, nutrition, resource depletion, and ecological degradation. Presents concepts on the foundations of the US food system, crop production, food system economics, processing and packaging, consumption and overconsumption, and the environmental impacts of food Examines the political factors that influence food and how it is produced Ideal for students and professionals in many fields, including public health, nutritional science, nursing, medicine, environment, policy, business, and social science, among others Introduction to the US Food System presents a broad view of today's US food system in all its complexity and provides opportunities for students to examine the food system's stickiest problems and think critically about solutions.

## Book Information

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### INTRODUCTION TO THE U.S. FOOD SYSTEM Public Health, Environment, and Equity

Introduction to the U.S. Food System: Public Health, Environment, and Equity is an engaging and evidence-based examination of the food system and its relationship to issues like environmental quality, sustainability, and resilience; nutrition and diet-related disease; food security; social justice; and individual and community well-being. With contributions from more than 100 food system experts, this book presents students with a comprehensive overview of the U.S. food system. A project of the Johns Hopkins Center for a Livable Future, the textbook examines broad food system issues and highlights connections to public health and other fields. Using a classroom-friendly approach, the text covers the core content of the food system and provides evidence-based perspectives reflecting the tremendous breadth of issues and ideas important to understanding today's U.S. food system. The book is rich with illustrative examples, case studies, activities, and discussion questions. Introduction to the U.S. Food System explains the public health, environmental, social, economic, and political factors that play into what we eat and how it is produced. It provides students with an in-depth analysis of the complex relationships among the people, processes, policies, inputs, and outputs that move food from farm to community to table and beyond.

RONI NEFF, PHD, EDITOR, is an assistant professor in the Department of Environmental Health Sciences at the Johns Hopkins Bloomberg School of Public Health and directs the Food System Sustainability Program at the Johns Hopkins Center for a Livable Future (CLF). She has worked in a wide variety of food system and public health research, policy, and practice roles throughout her career. THE JOHNS HOPKINS CENTER FOR A LIVABLE FUTURE (CLF) is an interdisciplinary academic center focused on the interrelationships between food and public health.

Excellent resource for any course of study involving the US Food System. Implications are well explained and in many cases complete with working examples. Given the subject matter, I just never thought of America as having a "food system." This book is an excellent introduction to the "bigger" global thought process and how we effect and are effected by our food sources, including

how and why we are becoming more antibiotic resistant.

it is well written

The best overview of the US food system I've ever seen.

Good read

Good book that went along with a good free class at Coursera. Well presented.

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